DOCUMENT RESUME

ED 425 361 CG 028 331

TITLE	Mediation Training for Middle School Students.
INSTITUTION	Conflict Resolution Unlimited, Inc., Bellevue, WA.
PUB DATE	1995-00-00
NOTE	276p.; For related products from this publisher, see CG 028 329-336.
AVAILABLE FROM	Conflict Resolution Unlimited, 845 106th Avenue NE, Suite 109, Bellevue, WA 98004; 800-922-1988; ($200). Consult http://www.conflictnet.org/cru for catalog of related print and videotape products.
PUB TYPE	Guides - Classroom - Teacher (052)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Adolescents; *Conflict Resolution; Curriculum Guides; *Family Relationship; Intermediate Grades; *Interpersonal Communication; *Interpersonal Competence; Listening Skills; Middle Schools; Teaching Methods
IDENTIFIERS	*Middle School Students; *Peer Mediation

ABSTRACT

Young people need help in learning how to use alternative dispute resolution skills at school. Methods for teaching these skills are presented in this manual. The training centers on the following major themes: The Mediation Process, Cultural Diversity, Communication Skills, Feelings, Mediation Techniques, Dealing with Difficult Situations, and Being Your Own Mediator. The manual is designed for five 3-hour sessions using two trainers. Complete guidelines for each session include a timeline for discussions, demonstrations, role plays aud other exercises. Topics are grouped under five sessions: Session 1 explores "Ways We Deal with Conflict," "The Mediator and the Mediation Process," "Listening Skills," "Understanding Other People's Point of View." In session 2 "Cultural Diversity and Mediation," "Feelings," and "'I' Messages" are covered. Sessions 3 and 4 are devoted to mediation techniques and role plays, and Session 5 is a follow-up with review. Mediation techniques are taught in three phases (beginning, middle, ending) with topics such as: Help Disputants Define the Problem, Enforce the Rules, Dig for Underlying Information, Balance the Power, Break Down Larger Issues, Stay on the Subject, Point Out Areas of Agreement, and What Will Happen If.... Appendices include material on setting up a student mediation program, program forms, student training handouts, and numerous role-play protocols. (EMK)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****